



Requesting a Dhamma Talk

(After bowing three times, with hands joined in añjali, recite the Pāli:)

Brahmā ca lokādhipatī saḥampatī
Kaṭañjalī anādhivaram ayācātha
Santīdha sattappaṛajakkha-jātikā
Desetu dhammaṃ aṇukampimaṃ pajam

(Bow three times again)

The Brahma Sahampati, Lord of the world,
With palms joined in reverence, requested a favor:
“Beings are here with but little dust in their eyes,
Pray, teach the Dhamma out of compassion for them.”

Acknowledging the Teaching

(At the completion of a Dhamma talk, with hands joined in añjali, recite the Pāli:)

(One person:) Hānda mayaṃ dhammakathāya sādhu-kāraṃ dadāmasa
Now let us express our approval of this Dhamma Teaching.

(All respond:) Sādhu sādhu sādhu anūmodāmi
It is well, I appreciate it.